
Subject: Women Food Packages

Effective Date: November 1, 2014

Revised from: October 1, 2012

Policy: Food packages for women shall be customized to meet the client's nutritional needs, food preferences, food intolerances and/or household conditions. The reason for tailoring the food package must be documented in the client's KWIC record.

The food package should be issued on the standard number of checks available unless the rationale for spreading the food package out over a larger number of checks is documented in the client's KWIC record. Reasons to increase the number of checks issued per month may include inadequate storage/refrigeration or inability to transport the larger quantity of food (shopping convenience).

See the following policies for Information on issuing food packages for women by category.

<i>Client Category</i>	<i>Policy</i>
Pregnant Woman	<u>FCI: 02.03.01 - Food Packages for Pregnant Women</u>
Breastfeeding Woman	<u>FCI: 02.03.02 - Food Packages for Breastfeeding Women</u>
Non-breastfeeding Postpartum Woman	<u>FCI: 02.03.03 – Food Packages for non-Breastfeeding Postpartum Women</u>

The food package shall be customized to prescribe WIC eligible nutritionals (medical foods) if medically indicated. See policy [FCI: 02.03.04-Women Food Packages - Special Formula](#) if a WIC eligible nutritional (medical food) is needed.